

## Ethics Statement

Sport is important. It can have a huge impact on people's lives, bringing them together and helping them to be happy, healthy and fulfilled. It can build communities.

Sport at the local level can help to establish a community's values, create harmony and even improve an area's economy. So, it is important that sport is played, officiated and governed fairly. All of us who participate in sport, whether as athletes, administrators, officials, coaches or supporters – must take personal responsibility for ensuring that sport is fun and fair for all. If we fail to do so, we will all suffer, and so will our sports. It is therefore essential that we maintain high ethical standards.

But what does that mean? There is no simple answer to this question, but it's clear that ethics is not just about shaking someone's hand at the end of a game. Instead, having high ethical standards is an ongoing process of learning and improvement. One workable definition is that ethics in sport is the systematic application of moral rules, principles, values and norms.

The golden threads of inclusion and equality are fundamental to everything we do in Disability Sport. In order to demonstrate inclusion and equality in practice the following values are essential:

- Respect
- Integrity
- Fairness
- Transparency

We at Lothian Disability Sport take ethics very seriously and we actively promote ethical participation in sport through a wide range of policies and programmes:

- Equality Policy
- Safeguarding Policy
- Code of Conduct
- Anti-Doping Policy
- Classification Policy
- Valuing Volunteers
- Data Protection Policy

Establishing, living and embodying ethical values is imperative to the successful running of sport.