



SCOTTISH DISABILITY
SPORT



Paralympic Experience Event 2016



• EDINBURGH •
THE CITY OF EDINBURGH COUNCIL

CHILDREN AND FAMILIES



Introduction and Background

This pack contains information on the upcoming Paralympic Experience Event for which invitations are extended to children from your school.

With the 2016 Paralympic Games in Rio de Janeiro fast approaching, it is anticipated that Scotland will have a large number of athletes competing as part of the Great Britain team. Para Sport has a much higher profile than ever before thanks to the London 2012 Paralympic Games and Glasgow 2014 Commonwealth Games. This event will build on this legacy to ensure that people are aware of the opportunities across the East of Scotland.

The Paralympic Experience Event is designed to allow young people to experience a wide range of Parasports delivered by some of the best clubs and coaches available in Scotland. We have selected activities where we have strong club links so children can continue to enjoy and develop within the sports for many years to come.

An exciting feature of this year's event is the inclusion of Wheelchair Rugby. The sport, which has been commonly referred to as 'Murder Ball', was one of the highlights of the London Paralympic Games in 2012. The game is fast paced, energetic, tactical and can be enjoyed by everyone.

Wheelchair Rugby: https://www.youtube.com/watch?v=g1_aUAGvWK4

The Paralympic Experience is about providing a range of opportunities for young people with a physical, visual or hearing impairment to try new and exciting sports and learn more about the pathways that are available in the region. Furthermore, the event will highlight the opportunities for young people with disabilities to achieve at the highest level and hopefully inspire them to become our stars of the future.

All children will receive a t-shirt and lots of information on further opportunities.



(Maria Lyle – T35 Double World Silver medallist in both the 100m and 200m, inspires a young athlete at the 2015 Paralympic Experience Event)

Target Groups

The Paralympic experience is aimed at children who have a physical disability or a visual or hearing impairment from both primary and secondary school age groups.

Event Staff

The event will be staffed by Active Schools Coordinators, Sport Development Officers and club coaches.

Location

The Paralympic experience will be held at Forrester High School / St Augustine's RC High School Campus, 212 Broomhouse Road, Edinburgh, EH12 9AE

Time

9:30hrs to 16:00 on Friday 18 March 2016

These timings are approximate at the moment and will be confirmed closer to the date. Please note the duration of these times will not increase.

Sports

Badminton, Judo, Swimming, Tennis, Wheelchair Basketball* and Wheelchair Rugby*.

*Please note that you do not need to be a wheelchair user to participate, play and excel in wheelchair sports.

High-Performance Athlete Q&A

One or two high-performance athletes will be in attendance to share their experiences through an interactive question and answering session

Schools Further Information

City of Edinburgh: Jill Coleman Jill.Coleman@ea.edin.sch.uk or 07920 768 288

East Lothian: Anna Potter apotter@elcschool.org.uk or 07976 376 945

Midlothian: Sarah Wright sarah.wright@midlothian.gov.uk or 0131 561 6526

West Lothian: Kevin Ferguson kevin.ferguson@westlothian.gov.uk or 07767 886 710

Scottish Borders: Alan Oliver aoliver@bslt.org.uk or 07887 471 137

Guidelines for Pupil Selection

Below is a set of guidelines for pupils who are eligible to take part in the Paralympic Experience Event

Physical Disability

- Achondroplasia (dwarfism)
- Amputees (including dysmelia)
- Arthrogryposis
- Brittle Bones
- Cerebral Palsy
- Legge-Perthes
- Multiple Sclerosis
- Muscular Dystrophy
- Polio
- Spina Bifida
- Spinal Cord injury

Deaf/Hearing Impairment

Sensory disability relates to an impairment to one (or more) of the sense. An individual may have no hearing (deaf) or a mild impairment to their hearing. Some examples include:

- Tinnitus
- Otosclerosis
- Stickler Syndrome

Blind/Visual Impairment

Sensory disability relates to an impairment to one (or more) of the sense. An individual may have no sight (blind) or a mild impairment to their sight.

Some examples include:

- Tunnel vision
- Cortical visual impairment

**Please note that this list is not exhaustive, however it provides a guide.*

There are a number of conditions for which this event is **NOT** available:

- Learning Disability
- Down's Syndrome
- ADHD
- Aspergers Syndrome
- Asthma
- Autistic Spectrum
- Cystic Fibrosis
- Diabetes
- Dyspraxia
- Epilepsy
- Haemophilia
- Hydrocephalus
- Obesity
- Scoliosis
- Transplants

**Please note that this list is not exhaustive, however it provides a guide*

Application Form

Section A - Participant Details

Name

Address

.....

Local Authority.....

D.O.B.....

School

Disability (please tick)

Cerebral Palsy Amputee Muscular Dystrophy Brittle Bones

Dwarfism Spinal Injury Spina Bifida Visual Impairment

Hearing Impairment Other

If other, please state.....

Manual Wheelchair User Yes No

Power Wheelchair User Yes No

Mobility equipment used

Section B – Parental Details

Name

Address

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Telephone Mobile.....

Email

Section C – Participant background information

Please provide further information about your disability that you feel we may need to know, in order to provide the best sporting experience for you.

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Does your child take any medication: YES NO

Please give specific details

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Please give details of any current sporting activities your child participates in.

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Section D - Swimming

Swimming is being included again due to the positive feedback received at last year's event and is open to swimmers of all ability levels. In order for the organisers to prepare appropriately can you provide information below on your child's swimming experience? Please note, if your child needs assistance getting changed, parental / carer support will be required on the day.

Non-Swimmer	<input type="checkbox"/>	Uses swimming aids (i.e. armbands)	<input type="checkbox"/>
Can swim 25m unaided	<input type="checkbox"/>	Competent swimmer (50m +)	<input type="checkbox"/>
Confident in deep water	<input type="checkbox"/>	Needs 1:1 Support	<input type="checkbox"/>

Additional Information

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We would encourage everyone attending to experience swimming however, if your child would prefer to opt out of this session, please tick

We will endeavour to provide another sports option for those who opt out of swimming.

Section E - Emergency Contact Details

Name

Tel No.....

Relation to applicant

On occasion we may use photographs for promotional materials please tick the box if you do not wish to be photographed

Would you like information on future sporting opportunities for your child? Yes No

In order to do this we will keep your details on our mailing list to inform you of any future classes or events. These details will be held by Scottish Disability Sport. The information given will be treated in confidence and held in accordance with the requirements of the Data Protection Act 1998.

Section F – Parental Opportunity

On the day we will be providing the opportunity for parents to stay in order to watch some of the activities and meet the club coaches and their athletes. In addition, there will be a chance to meet personnel from Scottish Disability Sport, Lothian Disability Sport, Edinburgh Leisure and Edinburgh Active Schools. Parents will be able to share their experiences and learn more about disability sport in the area.

Would you like to take up this offer Yes No

Name.....

Signature.....

Contact Details

To book or for further information on the event please contact: Gary Fraser, Scottish Disability Sport Regional (East) & Performance Manager on the details below:

Closing date for entries is Wednesday 9 March 2016

Gary Fraser
Scottish Disability Sport
Caledonia House, South Gyle
Edinburgh
EH12 9DQ

gary.fraser@scottishdisabilitysport.com or Tel: 0131 625 4412